



MIDLAND SWIMMING
AGE GROUP CHAMPIONSHIPS 2010
 (Combining the East Midland and West Midland Regions)
COVENTRY SPORTS CENTRE
SATURDAY AND SUNDAY 5th/6th JUNE & 12th/13th JUNE
 (Under ASA Laws and ASA Technical Rules of Swimming)



BAGCAT AGE GROUP CHAMPIONSHIPS QUALIFYING TIMES

(AGE AT 13th June 2010)

POOL LENGTH 25 METRES

BOYS

GIRLS

BOYS					GIRLS				
10	11	12	13	14	EVENT	10	11	12	13
**	**	1:06.4	1:02.8	1:00.2	100m Freestyle	**	1:11.5	1:07.7	1:05.7
2:43.3	2:34.3	2:24.3	2:16.7	2:11.1	200m Freestyle	2:44.4	2:33.8	2:25.6	2:20.9
5:43.9	5:22.5	5:02.4	4:47.9	4:37.2	400m Freestyle	5:48.6	5:19.6	5:02.9	4:53.8
		10:17.5	09:46.2	9:26.0	# 800m Freestyle		10:43.8	10:10.4	9:48.2
		19:22.8	18:29.0	17:51.5	1500m Freestyle #		20:42.3	19:37.8	18:54.9
**	**	1:25.4	1:19.8	1:16.3	100m Breaststroke	**	1:31.3	1:26.2	1:22.6
3:33.4	3:19.0	3:04.2	2:53.1	2:44.9	200m Breaststroke	3:32.1	3:15.7	3:05.0	2:57.2
**	**	1:14.6	1:10.1	1:06.7	100m Butterfly	**	1:20.2	1:15.3	1:12.8
3:14.3	2:57.5	2:44.6	2:35.0	2:27.7	200m Butterfly	3:15.5	2:56.6	2:45.2	2:38.8
**	**	1:15.2	1:10.7	1:07.3	100m Backstroke	**	1:20.1	1:15.5	1:12.8
3:04.0	2:52.7	2:40.6	2:31.6	2:24.6	200m Backstroke	3:04.5	2:49.3	2:40.7	2:35.8
3:08.7	2:56.3	2:44.0	2:35.6	2:27.9	200m Ind Medley	3:07.4	2:53.6	2:44.5	2:39.5
6:39.7	6:08.4	5:45.7	5:28.7	5:13.4	400m Ind Medley	6:39.3	6:06.3	5:46.1	5:33.9

** 100m events are not included in the British Age Group Categories for 10/11 years boys and 10 years girls. Swimmers in these ages who are looking to obtain a qualifying time for the National BAGCAT championships are allowed to enter, providing they have the qualifying time for the corresponding 200m event.

ALL TIMES TO BE ACHIEVED BETWEEN 1st OCTOBER 2009 and 11th May 2010

Entry times for all events must be achieved in licensed competition L1, 2 or 3

Dependent on the number of entries the slowest competitors may be rejected at the discretion of the promoter.



MIDLAND SWIMMING
YOUTH CHAMPIONSHIPS 2010
 (Combining the East Midland and West Midland Regions)
COVENTRY SPORTS CENTRE
SATURDAY 1st & SUNDAY 2nd MAY
 (Under ASA Laws and ASA Technical Rules of Swimming)



QUALIFYING TIMES

(AGE AT 13th JUNE 2010)

POOL LENGTH 25 METRES

MALE					EVENT	FEMALE				
15	16	17	18	19/Ov		14	15	16	17	18/Ov
26.8	26.2	25.9	25.9	25.9	50m Freestyle	29.7	29.2	28.9	28.9	28.9
59.0	57.5	56.8	56.8	56.8	100m Freestyle	1:04.7	1:03.9	1:03.0	1:02.9	1:02.9
2:08.3	2:05.2	2:03.7	2:03.7	2:03.7	200m Freestyle	2:19.3	2:17.0	2:15.6	2:14.6	2:14.6
4:30.9	4:25.1	4:21.1	4:21.1	4:21.1	400m Freestyle	4:50.9	4:46.0	4:44.3	4:42.2	4:42.2
9:22.2	9:09.8	9:02.3	9:02.3	9:02.3	800m Freestyle	9:48.2	9:43.5	9:39.0	9:38.0	9:38.0
17:46.4	17:22.3	17:09.9	17:09.9	17:09.9	1500m Freestyle	18:54.9	18:51.7	18:37.1	18:35.3	18:35.3
34.1	33.2	32.8	32.8	32.8	50m Breaststroke	37.7	36.9	36.6	36.5	36.5
1:14.0	1:12.1	1:11.0	1:11.0	1:11.0	100m Breaststroke	1:20.6	1:19.6	1:19.2	1:18.2	1:18.2
2:40.6	2:37.1	2:34.1	2:34.1	2:34.1	200m Breaststroke	2:54.1	2:51.8	2:50.7	2:49.6	2:49.6
29.4	28.8	28.3	28.3	28.3	50m Butterfly	32.6	31.9	31.7	31.6	31.6
1:04.6	1:03.3	1:02.0	1:02.0	1:02.0	100m Butterfly	1:11.2	1:10.3	1:09.7	1:09.0	1:09.0
2:21.9	2:19.5	2:16.0	2:16.0	2:16.0	200m Butterfly	2:35.5	2:32.6	2:31.4	2:29.9	2:29.9
30.8	29.8	29.5	29.5	29.5	50m Backstroke	33.8	33.3	32.9	32.8	32.8
1:05.4	1:03.9	1:02.7	1:02.7	1:02.7	100m Backstroke	1:11.8	1:10.4	1:09.9	1:09.6	1:09.6
2:20.8	2:17.8	2:16.2	2:16.2	2:16.2	200m Backstroke	2:33.7	2:30.6	2:29.0	2:27.8	2:27.8
2:24.3	2:21.3	2:19.3	2:19.3	2:19.3	200m Ind Medley	2:37.1	2:34.7	2:33.4	2:32.3	2:32.3
5:05.1	4:59.0	4:54.8	4:54.8	4:54.8	400m Ind Medley	5:29.7	5:24.7	5:21.4	5:20.1	5:20.1

ALL TIMES TO BE ACHIEVED BETWEEN 1st OCTOBER 2009 and 6th April 2010

Entry times for all events must be achieved in licensed competition L1,2 or 3

Dependent on the number of entries the slowest competitors may be rejected at the discretion of the promoter.